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# BIKING HOLIDAYS ALPINE BIKE GRAUBÜNDEN

## Biking: Alpine Bike

### Swiss bike pleasures

The unspoilt nature of the Swiss National Park sets the scene for one of the most beautiful bike tours in the Alps at the beginning. You ride down into the picturesque Val Müstair. A short stop in the shopping paradise of Livigno and on to the world-famous winter sports resort of St. Moritz. Ancient trade routes climb steeply up to Septimer Pass. Now you have reached the Albula region with Savognin and Tiefencastel. Then a steep ascent to Turrahus. Wild and wide is the Safiental and the beautiful landscape invites you to linger. But behind the next pass, the sunny terraces of the Surselva await you. On winding trails, you will eventually swing down to Andermatt.



9 Days / 8 Nights



Self-guided tour

### To the online version



# ITINERARY

DAY  
1

## Arrival to Scuol | Scuol – Tschierv

Luggage drop-off in Scuol-Tarasp. Stunning ascent through the unspoilt Val S-charl on the eastern edge of the National Park, past the quaint hamlet of S-charl and Europe’s highest Swiss stone pine forest. Single trail through mountain pines just before the Pass da Costainas, later through larch woods, over the Lü sun terrace into Münstertal.

 approx. 30 km (Singletrails: 4 km)       1'200 m       820 m

DAY  
2

## Tschierv – Livigno

Ascent through airy larch woods into the mystic Val Mora: a heavenly high valley, one of the most stunning in Switzerland. A Canadian wilderness seems close enough to touch. Stony trail down into Italy, lovely route alongside shimmering lakes.

 approx. 40 km (Singletrails: 7 km)       1'150 m       1'050 m

DAY  
3

## Livigno – St. Moritz

The route back into Switzerland includes three passes, but only one real climb. From the Bernina pass downwards, the ride is fun and easy, through mountain pastures and larch forests, beneath the magnificent glacier backdrop of Piz Palü and Piz Bernina on to St. Moritz.

 approx. 45 km (Singletrails: 13 km)       1'210 m       1'150 m

DAY  
4

## St. Moritz – Bivio

Scenic, unsurfaced trail alongside the Upper Engadine lakes, lovely single trail with wide views above Isola. From Val Bregaglia, an old mule trail leads over the Septimerpass, demanding; even the best bikers give their all. Carrying passages unavoidable here.

 approx. 40 km (Singletrails: 6 km)       1'515 m       1'675 m

DAY  
5**Bivio – Tiefencastel**

Zippy forest trail out of the valley, testing ascent at Sur, quiet section along the Roman Septimer route on a terrace high above the valley floor, excellent single trail with spectacular views.

 approx. 35 km (Singletrails: 2 km)       510 m       1'410 m

DAY  
6**Tiefencastel – Turrahus**

Short single trail through the rugged Albulatobel up to Mistail church, tunnel and uneven rooted trail to Muldain, high over the gorge of the Albula, long ascent to Glaspas, downhill bliss for experienced bikers then on an old mule track to Safien Platz.

 approx. 38 km (Singletrails: 3 km)       1'850 m       1'400 m

DAY  
7**Turrahus – Lumbrein**

Biking in the tracks of the Walser settlers: easy start through mystic Safiental, steep ascent on the «Polenweg» to the Tomülpas, a biking highlight, great descent to Vals. And to finish, a peaceful pedal in the remote Val Lumnezia.

 approx. 50 km (Singletrails: 3 km)       1'950 m       1'850 m

DAY  
8**Lumbrein – Disentis**

Long ascent from peaceful Val Lumnezia to Alp Sezner. The descent into Surselva on easy meadow trails is like flying. From Trun an almost effortless pedal in shady meadow woodland along the Vordererheins with its shingle banks and islands.

 approx. 43 km (Singletrails: 3 km)       1'300 m       1'700 m

DAY  
9**Disentis – Andermatt | Departure or extension**

The ascent to Uaul Cavorgia is perspiration producing but rewarding in terms of flora and views. Sparser in Val Maighels on the way up to the Oberalppass then truly high-Alpine. The terrific single trail demands top biking techniques. After arriving in Andermatt luggage pick-up and departure.

 approx. 45 km (Singletrails: 10 km)       2'100 m       1'700 m

# TOUR CHARACTER

One of the best trips for bikers in Switzerland. Continuous signage makes it easy to follow the route. Good stamina and technical abilities are required to go on this tour. Short pushing passages every day.

## The Alpine Bike at SwitzerlandMobility

- [Details about the route](#)

## Information about bike trails in the region Engadin St. Moritz

- [Top Trails in Engadin](#)



# PRICES & DATES

PLACE OF ARRIVAL: SCUOL

| Season 1                                   | Season 2                                   |
|--------------------------------------------|--------------------------------------------|
| 31.08.2024 - 15.09.2024  <br>Arrival daily | 29.06.2024 - 30.08.2024  <br>Arrival daily |

|                                           |  |  |
|-------------------------------------------|--|--|
| Alpine Bike Grisons, 9 days, CH-GRASA-09A |  |  |
|-------------------------------------------|--|--|

|                       |         |         |
|-----------------------|---------|---------|
| Base price            | 1'535.- | 1'599.- |
| Surcharge single room | 319.-   | 319.-   |

Category: 3\* & 4\* hotels

# ADDITIONAL NIGHTS

PLACE OF ARRIVAL: SCUOL

| Season 1                                       | Season 2                                       |
|------------------------------------------------|------------------------------------------------|
| Aug 31, 2024 - Sep 15, 2024  <br>Arrival daily | Jun 29, 2024 - Aug 30, 2024  <br>Arrival daily |

|       |  |  |
|-------|--|--|
| Scuol |  |  |
|-------|--|--|

|                       |      |      |
|-----------------------|------|------|
| Double room p.P.      | 79.- | 79.- |
| Surcharge single room | 40.- | 40.- |

|           |  |  |
|-----------|--|--|
| Andermatt |  |  |
|-----------|--|--|

|                       |       |       |
|-----------------------|-------|-------|
| Double room p.P.      | 109.- | 109.- |
| Surcharge single room | 90.-  | 90.-  |

# Our rental bikes

Price

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|                    |       |
|--------------------|-------|
| <b>MTB Fully</b>   | 315.- |
| <b>E-MTB Fully</b> | 379.- |

Prices per person in CHF

# SERVICES & INFORMATION

## Services

### Included:

- Accommodation as mentioned incl. breakfast
- Daily luggage transfers
- Costs for luggage pick-up at the station
- Subsidy for arrival by train
- Carefully elaborated route
- Travel documents (1 x per room)
- Navigation app and GPS data available
- SwitzerlandMobility-Plus subscription for one year
- Service hotline

### Note:

- Tourist tax, if due, is not included in the price
- Reservation fee of CHF 20.- per adult (incl. legally required customer money protection)

## Information

### Arrival/Departure:

- Arrival by public transport to Scuol-Tarasp. For direct arrival: Luggage drop-off in Scuol by 10:00 a.m. at the latest.
- Departure by public transport from Andermatt. For direct departure: your luggage will be delivered to the luggage counter by 5:00 p.m. at the latest.

### Arrival by train:

Leave the car at home! For every bike, biking or hiking tour in Switzerland, you will receive an SBB coupon per participant, which you can use to **deduct CHF 10 from the ticket price** for traveling by train. The reduction can be obtained in the SBB online store or in the SBB app.

On many trips, we use the luggage counters at the stations at the beginning and at the end to hand over the suitcases. You can conveniently combine this right away when you arrive by train. **If you are a GA owner, you can provide this information when booking. We will credit you the amount on the invoice.** If you don't need the coupon for the trip itself, you can use it during the year. Unfortunately, a retroactive refund is not possible for administrative reasons.

## Travel documents

**Travel documents "digital"**

We reduce the amount of printed documents. You will receive instructions to help you find your way around using the Eurotrek Travel Guide App. We provide you with further information online.

In advance you will receive a package of documents with the following contents:

- Your travel program
- Luggage tags
- Description of how to use the app
- Any vouchers
- Detailed program with map sections

The Eurotrek Travel Guide App will help you additionally to find your way around. In addition to your digital map, you will find further information about your booked trip. The app is also available offline, simply download the trip in advance.

# CONTACT & BOOKING

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

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 eurotrek@eurotrek.ch

**Book now**