





CYCLING HOLIDAYS MITTELLAND-ROUTE ZÜRICH-REGENSDORF - LAUSANNE

Cycling: Mittelland-Route

Aare, Three-Lakes-Country & Lake Geneva

The pleasant ride along the varied Mittelland Route is mostly on traffic-free paths, along lakes and rivers, through wide plains and peaceful valleys, towns and villages, industry and agricultural land. Surprising insight into the fascinating everyday life of Switzerland's Mittelland, an exciting, easy ride on a mostly traffic-free route from Aarau to Lac Léman.



5 Days / 4 Nights



Self-guided tour

To the online version



ITINERARY

DAY
1

Arrival to Zürich-Regensdorf | Zürich-Regensdorf – Olten

Through the Furt-valley of the Limmat, the bathing spot Baden, and on to marvel at the Gothic stained glass windows in Königsfelden and yellow irises of the river Aare floodplain, followed by a leisurely ride on the Aare dam to Olten.

 approx. 65 km  415 m  450 m

DAY
2

Olten – Biel

Past baroque-town Solothurn along the meandering Aare to Dreiseenland (three lakes country). Just 130 years ago, this landscape was redesigned by man: the lake level lowered and marshes drained. Seeland is now the scene of intense vegetable cultivation.

 approx. 75 km  405 m  370 m

DAY
3

Biel – Murten

A pleasant ride through the three lakes country. The little medieval town of Murten on the south-east bank of the lake of the same name has preserved its original appearance, with the picturesque alleyways of the Old Town and the pleasant shady arcades. You briefly leave the Mittelland route and travel on regional routes to Murten.




 approx. 45 km  210 m  210 m

DAY
4

Murten – Yverdon-les-Bains

From medieval Murten to the small city Avenches. The small town of Avenches lies in the wide Broye Plain between the Lakes of Neuchâtel and Murten in the canton of Vaud near the border to the canton of Fribourg. This former capital of Roman Helvetia has a rich and valuable heritage from Roman times.




Now back to Lake Neuchâtel. chirping in the reeds, waves lapping at the gentle shore, the Jura is shimmering in the distance. Over 100 species of birds breed in the Grande Cariçaie, the 40-km-long marsh and reed belt along the southern shores of the lake.

 approx. 45 – 55 km  295 – 320 m  300 – 320 m

DAY
5

Yverdon-les-Bains – Lausanne | Departure or extension

Flat and fertile: Plaine de l’Orbe, framed by Roman mosaics and the rolling hills of Vaud. In Mormont, the watershed of the Rhone and Rhine. Change of scene from the wild waters of the Venoge to the small silver «sea» of Lac Léman.

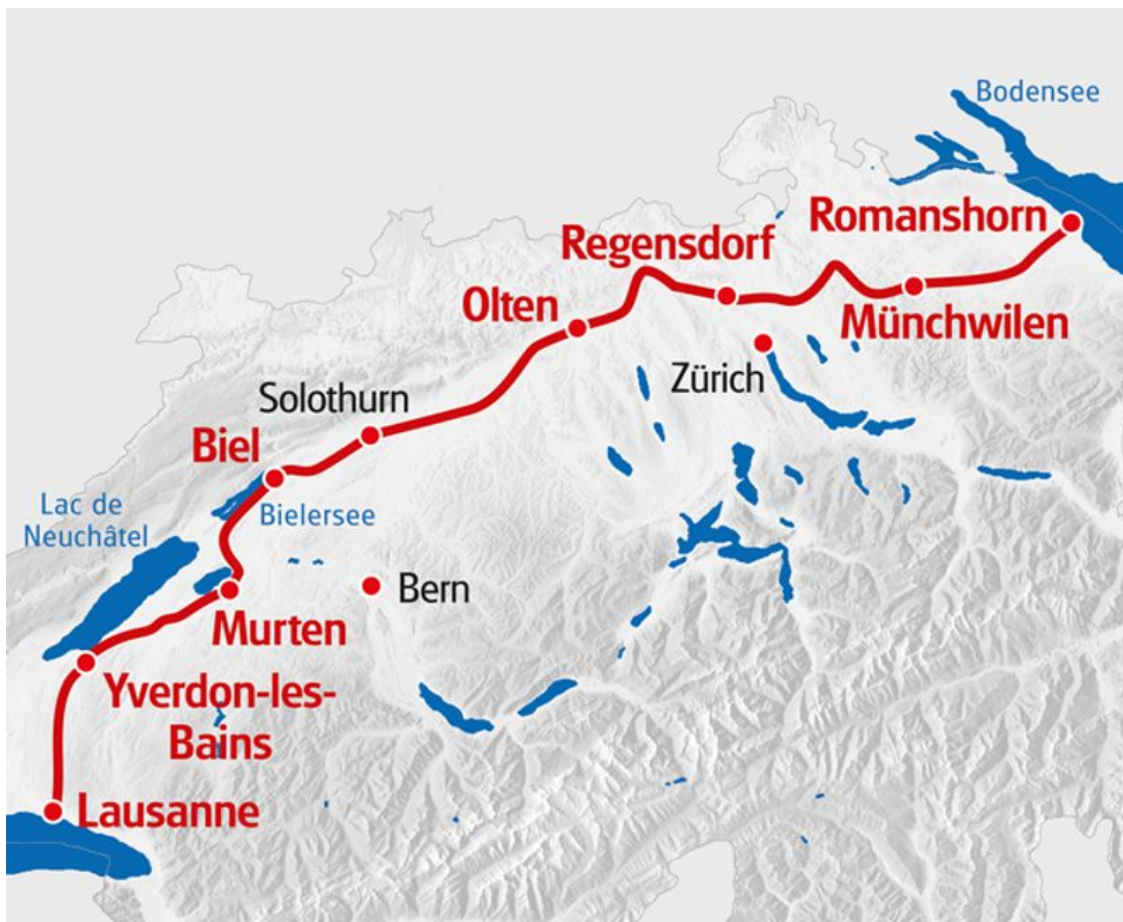
 approx. 55 – 65 km  585 – 595 m  590 – 595 m

TOUR CHARACTER

The route is mostly flat and leads through the Swiss Central Plateau. It is perfect for family bike tours with children. Mostly car-free and on natural field and forest paths.

The Mittelland Route on SwitzerlandMobility

- [Details about the route](#)



PRICES & DATES

PLACE OF ARRIVAL: ZURICH-REGENSDORF

Season 1	Season 2
06.04.2024 - 26.04.2024 28.09.2024 - 13.10.2024 Arrival daily	30.03.2024 - 05.04.2024 27.04.2024 - 27.09.2024 Arrival daily

Mittelland Route Zurich - Lausanne, 5 days, CH-OSRRL-05X

Base price	845.-	875.-
Surcharge single room	199.-	199.-

Category: Middle class hotels, 4*-hotels in Münchwilen, Regensdorf and Murten

ADDITIONAL NIGHTS

PLACE OF ARRIVAL: ZURICH-REGENSDORF

Season 1	Season 2
Apr 6, 2024 - Apr 26, 2024 Sep 28, 2024 - Oct 13, 2024 Arrival daily	Mar 30, 2024 - Apr 5, 2024 Apr 27, 2024 - Sep 27, 2024 Arrival daily

Zurich-Regensdorf

Double room p.P.	105.-	105.-
Surcharge single room	50.-	50.-

Lausanne

Double room p.P.	95.-	95.-
Surcharge single room	70.-	70.-

Our rental bikes

Price

Countrybike 27-gear	125.-
Electric bicycle	229.-

Prices per person in CHF

SERVICES & INFORMATION

Services

Included:

- Accommodation as mentioned incl. Breakfast
- Daily luggage transfer
- Costs for luggage pick-up at the station (for direct arrival or departure)
- Subsidy for arrival by train
- Carefully elaborated route description
- Travel documents (1 x per room)
- Navigation app and GPS data available
- SwitzerlandMobility-Plus subscription for one year
- Service hotline

Note:

- Tourist tax, if due, is not included in the price
- Reservation fee of CHF 20.- per adult (incl. legally required customer money protection)

Information

Arrival/Departure:

- Arrival by public transport to Zurich-Regensdorf.
In case of direct arrival: Handover to our drivers at 10 am.
- Departure by public transport from Lausanne.
Direct departure: Suitcases will be returned to the luggage counter by 5 p.m. at the latest.

Arrival by train:

Leave the car at home! For every bike, biking or hiking tour in Switzerland, you will receive an SBB coupon per participant, which you can use to **deduct CHF 10 from the ticket price** for traveling by train. The reduction can be obtained in the SBB online store or in the SBB app.

On many trips, we use the luggage counters at the stations at the beginning and at the end to hand over the suitcases. You can conveniently combine this right away when you arrive by train. **If you are a GA owner, you can provide this information when booking. We will credit you the amount on the invoice.** If you don't need the coupon for the trip itself, you can use it during the year.

Unfortunately, a retroactive refund is not possible for administrative reasons.

Travel documents

Travel documents "digital"

We reduce the amount of printed documents. You will receive instructions to help you find your way around using the Eurotrek Travel Guide App. We provide you with further information online.

In advance you will receive a small package of documents with the following contents:

- Your travel program
- Luggage tags
- Description of how to use the app
- Any vouchers

The Eurotrek Travel Guide App will help you find your way around. In addition to your digital map, you will find further information about your booked trip. The app is also available offline, simply download the trip in advance.

CONTACT & BOOKING

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

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Book now