



★★★★★ (7)

Crossing the Alps E5: Oberstdorf - Meran

ALONG THE EUROPEAN LONG-DISTANCE HIKING PATH ACROSS THE ALPS.

The E5 is one of the most popular long-distance hiking paths and is not called the 'most beautiful of all crossings of the Alps' for nothing. You hike from the green Allgäu region through the endless mountain world of the Tyrol into the enchanting Passeiertal-valley in South Tyrol all the way to the Mediterranean spa town of Merano. Along the way you experience diverse mountain regions, mountain massifs and alpine landscapes. Divine nature spectacles featuring roaring waterfalls, very deep valleys, extensive alp scenery, high-altitude paths and impressive mountain passes await. Always accompanied by steep towering peaks, jagged rock needles, long-distance views and glistening white glacial areas. Again and again dairy alps and mountain huts invite for a break, the strenuous efforts of ascents and descents are rewarded by incredible mountain panoramas. The crossing of the Alps by foot: dream tour and desired destination for any mountaineering enthusiast!

- Find out more about the [long-distance hiking path E5](#).

Details about the hiking tour Crossing the Alps E5: Oberstdorf - Meran

Experience the popular E5 long-distance hiking trail up close and immerse yourself in a trekking adventure that will remain in your memory for a long time. One of the most beautiful crossings of the Alps awaits you on this trekking tour. In eight days and six hiking stages, you hike – partly in the high alpine area – from Oberstdorf in Bavaria to Meran in South Tyrol. A unique highlight for all experienced hikers.

Highlights of the trekking tour Crossing the Alps E5: Oberstdorf - Meran

- **Heart palpitations on the Holzgau suspension bridge:** right on the first day's stage, you cross the highest and longest pedestrian suspension bridge in all of Austria.
- **Culinary delights in South Tyrol:** This cross-border trekking holiday takes you from Bavaria to beautiful South Tyrol. Typical South Tyrolean hospitality and wonderful culinary delights such as tasty dumpling dishes or excellent South Tyrolean wines await you here.
- **Experience original nature up close:** On this trekking tour, the route leads partly through high alpine regions. So you can experience nature – far away from the crowds – particularly intensively. More information about [hiking in the Alps](#) at a glance.

Useful information for Crossing the Alps E5: Oberstdorf - Meran

This hiking holiday is assigned our level of difficulty 'Trekking' and requires a good level of fitness, as well as surefootedness and a head for heights. The daily stages are planned to last around four to six hours and partly lead through the high alpine area. Note: From the third hiking stage, you can choose a more relaxed option for the route if you wish, or use public transport.

- Other tour suggestions and [hiking holidays in Southern Germany](#).

Trekking



8 Days / 7 Nights



Self-guided Tour

To the online version



Itinerary

DAY
1

Arrival in Oberstdorf

Seize the afternoon for a stroll through Oberstdorf or already scent the alpine air at the Nebelhorn to get you in the right mood.

Hotel (example): [Hotel Müggelturm](#)

DAY
2

Oberstdorf – Steeg

Through the marvellous Allgäu Alps along on an impressive trail through the Sperrbachtobel ravine steadily ascending to the hut Kemptner Hütte. At the pass crossing Mädelejoch you cross the border into Austria, where a descent with great views awaits down into the Lechtal-valley. Via a spectacular chain bridge you reach Holzgau and there get to marvel at the colourful painted houses on the village square.

Hotel (example): [Hotel Styrolerhof](#)



approx. 6 hours



14 km



990 m



900 m

DAY
3

Steeg – Landeck

Along remote alp roads you hike deep into the dairly alps area situated in the heart of the Lechtal Alps. The route takes you to the pass crossing at the hut Leutkircher Hütte, where you enjoy a break in the quaint mountaineers' base. Then you descend towards the Arlberg and finally on the Way of St. James to St. Jakob. A placid bus ride takes you towards the valley into the Inntal river valley.

Hotel (example): [Schrofenstein](#)



approx. 5.5 hours



14 km



900 m



1.100 m

DAY
4*Landeck – Pitztal-Valley*

A cable car ride takes you up to an altitude of 2000 metres. The ridgeway across the Venet is breathtaking, 360° panorama onto snow-capped mountains and jagged peaks. You climb two summits and then take a rest at the alp surrounded by cow bells. A stunning meadow- and forest path takes you to Wenns in the Pitztal-valley.

Hotel (example): [Alpenhof](#)



approx. 4.5 - 5 hours



11 km



350 m



1.490 m

DAY
5*Pitztal-Valley – Ötztal-Valley*

After a short bus ride you hike along the panorama path steadily ascending to the hut Braunschweiger Hütte. After a break there you proceed to the highest point of the holiday, the Pitztaler Jöchl on an altitude of just under 3000 metres. A nice hiking path leads you through the Rettenbach further downhill, until you master the final metres in altitude into the Ötztal-valley by bus or cable car. Alternatively to the alpine route you can explore the Pitzklamm-ravine along the Luis Trenker-trail, along the river Inn into the area prone to rock falls Sautner Forchet. Via the idyllic Lake Piburger See and the spectacular bridge Wallner Brücke along the roaring river Ötztaler Ache into the valley.

Hotel (example): [Viktoria](#)



approx. 6 hours



13 km



1.250 m



950 m

DAY
6*Ötztal-Valley – Passeiertal-Valley*

Along the old smugglers' trails via the Timmelsjoch to Italy. Stunning paths lead you through the sunny Timmelstal-valley to the pass on an altitude of 2500 metres. A marvellous descent through the impressive alpine scenery and flower meadows, surrounded by steep, towering rockfaces. Steadily headed for the valley you hike across the upper Passeiertal-valley and enjoy South Tyrolean hospitality over a well-earned dinner.

Hotel (example): [Tirolerhof](#)



approx. 5 - 5.5 hours



15 km



1.000 m



1.000 m

DAY
7*Passeiertal-Valley – Merano*

Along the footsteps of the freedom fighter Andreas Hofer you ascend to the alp Pfandleralm. Along forest trails to the Riffel, where a breathtaking high-altitude path starts: panoramic views as far as the eye can see. After a break at the hut Hirzerhütte you descend by cable car towards the valley and take the bus to Merano.

Hotel (example): [Flora](#)



approx. 6 hours



14 km



1.490 m

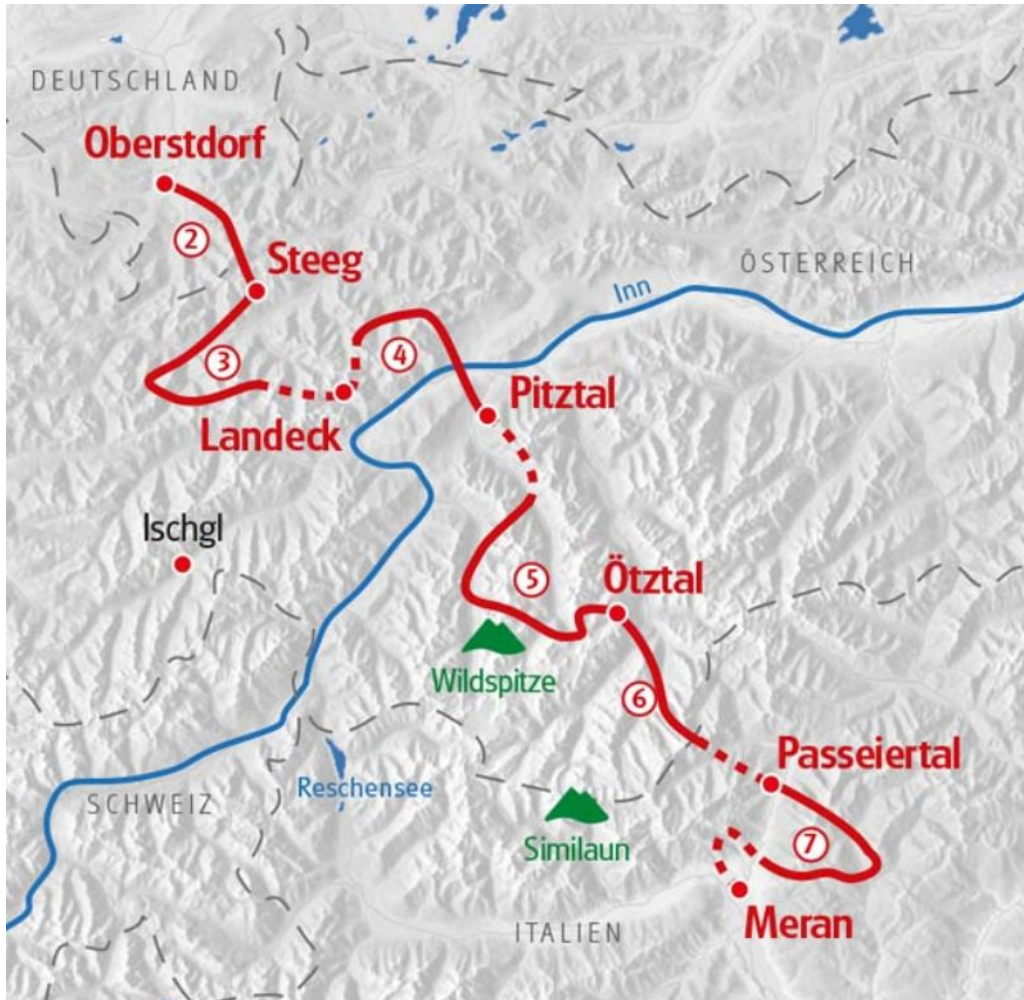


250 m

DAY
8*Departure or extra days*

Tour character

Alpine hikes with walking times between 4 to 5 hours. In parts you hike in high-Alpine areas, for this hiking experience is necessary. Surefootedness, a head for heights and a good fitness level are prerequisite. The first two hiking days display an alpine nature, on all other days you have the option to go for a more leisurely alternative route in the valley, as well as optionally shorten the route by public transport.



Prices and events

Place of arrival: Oberstdorf

Season 1	Season 2
18.06.2023 - 25.06.2023 28.08.2023 - 17.09.2023 Arrival Thursday and Sunday	26.06.2023 - 27.08.2023 Arrival Thursday and Sunday

Crossing of the Alps E5: Oberstdorf - Merano, 8 days, DE-ALWOM-08X		
Base price	1,169.00	1,289.00
Surcharge single room	229.00	229.00

Category: beautiful 3***-hotels and sometimes 4****-hotels

Additional nights

Place of arrival: Oberstdorf

Season 1	Season 2
Jun 18, 2023 - Jun 25, 2023 Aug 28, 2023 - Sep 17, 2023 Arrival Thursday and Sunday	Jun 26, 2023 - Aug 27, 2023 Arrival Thursday and Sunday

Oberstdorf		
Double room p. P.	89.00	109.00
Surcharge single room	35.00	35.00
Meran		
Double room p. P.	89.00	99.00
Surcharge single room	29.00	29.00

Prices per person in EUR

Services and infos

Leistungen

Included

- 7x overnight stays as stated
- Breakfast
- Luggage transfer
- 1x original „Lechweg“-cheese from the organic dairy Sojer in Steeg
- 1x ascent by cable car Venet
- 1x descent by cable car Hirzer
- Carefully elaborated route description
- Detailed travel documents 1x per room (German, English)
- App for Navigation and GPS-data available
- Service hotline

Optional:

- Collective transfer (with central point for access and exit) from Merano to Oberstdorf (min. 2 persons, daily), costs EUR 49 per person, EUR 15 per dog, reservation necessary, payable in advance.

Infos

Arrival / Parking / Departure

- Arrival by train in Oberstdorf and in a few minutes' walk or a short bus ride to your start hotel.
- Munich airport, by train in approx. 2.5 hours to Oberstdorf or Memmingen airport, approx. 1 hour journey time by train.
- Parking: limited number of hotel parking spaces free of charge, no reservation possible. Near the hotel there are fee-based parking options, cost approx. EUR 7 per day.
- Return journey from Merano to Oberstdorf by train in approx. 8 hours (3x change of trains).

Things to note

- Tourist tax, if due, is not included in the price
- Journeys by public transport, cost approx. EUR 15 per person
- Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



**Sieglinde Heitzendorfer, Travel
specialist**



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Book now

