



★★★★★ (31)

Merano – Lake Garda

FROM A SPA TOWN TO THE ‚LAGO‘.

Perhaps you have already driven through South Tyrol on your way south – on the motorway, by car. Perhaps you have already guessed how beautiful the landscape is between Tyrol and the sea. But a cycling holiday in South Tyrol will definitely open up a whole new world for you. Between Merano and Lake Garda there are fantastic cycle paths that offer you exciting rides – past ice worlds, mountain ranges, orchards and vineyards. Let South Tyrol literally melt in your mouth, because Kalterer wines and fruit are world famous. Would you like to swap your car for a Eurobike bike? Wonderful, because this cycle tour is ideal for newbies!

Note: This tour is also available as a [family tour](#).

Details about a cycling holiday in South Tyrol

Always along the Adige, always a little downhill – and therefore with a certain feeling of tailwind: this is the bike route from Merano to Lake Garda. The seven-day cycle tour through South Tyrol is particularly popular with leisure cyclists and beginners, as the route is easy and offers enough time for sightseeing and relaxation.

Highlights of the South Tyrol cycle tour at a glance

- Cycling holiday for beginners and families: The route from Merano to Lake Garda mainly leads along flat cycle paths, so the cycling holiday is suitable for all those who are undertaking a longer cycle tour for the first time. Children will also enjoy the route.
- South Tyrolean city highlights: Merano, Trento, Bolzano, Torbole – you can get very close to the beauty of South Tyrolean cities on your cycling holiday. Don't forget your camera!
- Culinary delights in all their richness: Fruit and vegetables grow in all their glory on the lush South Tyrolean soil – from the grapes to the Vinschgau apples.

Useful information about a cycling holiday through South Tyrol

The starting point of the cycle tour is the Mediterranean spa town of Merano. The best way to enjoy the sunset on the promenade is with a glass of wine! The next day, the week of cycling begins with a ride on the Vinschgaubahn towards Reschenpass. The daily tours are between 30 and 78 kilometres long and follow mostly flat paths. Only smaller climbs to Lake Kaltern and Lake Garda can be expected.

Experience Northern Italy in a different way – on a bike!

- Get all information and many more tour tips for our [cycle tours in South Tyrol](#) and our [cycle tours on Lake Garda](#).
- And here you can find more [cycle tours on the Adige Cycle Path](#).

Easy



7 Days / 6 Nights



Self-guided Tour

To the online version



Itinerary

DAY
1

Arrival in Merano

Travel documents and rental bikes (if booked) are to be found at the hotel.

Sample hotel: [Villa Laurus](#)

DAY
2

Day Trip Vinschgau/Merano

| approx. 70 km + train ride

Take the train line 'Vinschgaubahn' towards the mountain pass 'Reschenpass'. From the town of Mals onwards to Glurns (perfectly preserved Medieval city wall). Via the Montani ruins past Schlanders and heading south to Merano. Castles and palaces dot your way or tower high above (i.e. Juval castle owned by the Austrian mountaineer Reinhold Messner). While cycling enjoy marvellous views of the impressive 'Ortler' massif and the 'Stilfserjoch'. This stage can be shortened if you wish.

Sample hotel: [Villa Laurus](#)

DAY
3

Merano – Bolzano

| approx. 45 km

Via Lana (Schnatterpeck altar) and through numerous orchards and vineyards in the area of the South Tyrolian wine route, past several well-fortified castles, palaces and ruins onwards to Eppan and along the base of Sigmundskron castle (Messner-Mountain museum) to Bolzano (pergolas, 'Ötzi' museum).

Sample hotel: [Mondschein](#)

DAY
4

Bolzano - Auer

| approx. 30 km

There are two ways to get to lake Caldaro: either the slightly hilly way on the bike path via Eppan or on the flat cycle path along the Adige dam until the charming wine village Auer.

Sample hotel: [Kaufmann](#)

DAY
5*Auer – Trento* | approx. 45 km

From Auer you continue on the cycle path along the Adige dam. The 'Salurner Klause' is the end of the German speaking part of South Tyrol. The route leads you through the famous Trentino wine regions into the ancient diocesan town Trento (lovely old part of town, cathedral, Buonconsiglio palace).

Sample hotel: [NH Trento](#)

DAY
6*Trento – Torbole/Riva* | approx. 45 km

Shortly after the old Tyrolian border town of Rovereto, our cycling tour leaves the Adige valley. In Mori you will taste the world famous pistachio ice-cream in the Gelateria Bologna. After the only ascent worth mentioning (approx. 150 m) over the small San Giovanni pass, the path leads downhill along the lake towards Torbole. The cycle tour either ends in Riva or Torbole.

Sample hotel: [Corallo](#)

DAY
7*Departure or extension*

Tour character

An easy cycle tour, mainly on cycle paths. Only towards lake Caldaro and lake Garda will you come across minor ascents.

Prices and events

Place of arrival: Merano

	Season 1 01.04.2023 - 14.04.2023 30.09.2023 - 07.10.2023 Arrival daily	Season 2 15.04.2023 - 12.05.2023 09.09.2023 - 29.09.2023 Arrival daily	Season 3 13.05.2023 - 08.09.2023 Arrival daily
Merano - Lake Garda, 7 days, IT-BZRMG-07X			
Base price	869.00	939.00	999.00
Surcharge single room	289.00	289.00	289.00

Category: 3*** hotels and 4**** hotels

Additional nights

Place of arrival: Merano

	Season 1 Apr 1, 2023 - Apr 14, 2023 Sep 30, 2023 - Oct 7, 2023 Arrival daily	Season 2 Apr 15, 2023 - May 12, 2023 Sep 9, 2023 - Sep 29, 2023 Arrival daily	Season 3 May 13, 2023 - Sep 8, 2023 Arrival daily
Merano			
Double room p.P.	95.00	95.00	95.00
Surcharge single room	25.00	25.00	25.00
Torbole/Riva			
Double room p.P.	89.00	89.00	89.00
Surcharge single room	45.00	45.00	45.00

Our rental bikes

Filter

21-gears unisex incl. rental bike insurance	99.00
21-gear gents incl. rental bike insurance	99.00
7-gears unisex incl. rental bike insurance	99.00
Rental bike PLUS incl. rental bike insurance	159.00
Electric bike incl. rental bike insurance	239.00

Prices per person in EUR

Services and infos

Services

Included:

- Accommodation as already mentioned
- Breakfast
- Luggage transfer
- EUROBIKE developed route
- Detailed travel documents 1x per room (German, English)
- 1 Train journey with the 'Vinschgaubahn' to Mals incl. your bike
- 1 Pistachio ice-cream on the way to Lake Garda
- App for Navigation and GPS-data available
- Service hotline

Optional extras:

- Bike rental, including rental bike insurance
- Return transfer by minibus to Meran every Saturday, Sunday and Monday morning and Tuesday (occasionally) afternoon, costs EUR 75 per person, EUR 29 extra for your own bike, to be paid in advance, reservation is necessary

Infos

Arrival / Parking / Departure:

- Merano train station
- Verona airport
- Public car park close to the hotel costs approx. € 35 per week, to be paid for at the time, no reservation possible
- Public bus to Rovereto and train journey to Meran

Please note:

- Tourist tax, if due, is not included in the price!
- Also available as a family tour
- Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



**Vanessa Bräumann, Travel specialist &
Team lead assistant**

 +43 6219 60866 145

 v.braeumann@eurobike.at

Book now

