



★★★★★ (7)

## *Puster Valley - based in one hotel*

IN ALTA PUSTERIA AT THE FOOT OF THE DOLOMITES.

Along the foot of the Dolomites you cycle without noteworthy climbs, along new valley bike paths, with classic sections of „Toblach – Lienz“ and the „Drava cycle path“. Lake Toblacher See, the view onto the mountain group Drei Zinnen as well as typical villages will stay in your mind for a long time... From your hotel in the Upper Puster valley you start to your daily bike tours. The program can be planned individually and guarantees pure bike fun, no matter if sportive or with pleasure. The bike tours are leading you into the side valleys of Upper Puster valley to Sexten and Gsies and along the disused railway of the Dolomites railway to Cortina d'Ampezzo.

- Get all information and many more tour tips for our [cycle tours in South Tyrol](#).

*Easy*



7 Days / 6 Nights



Self-guided Tour

To the online version



# Itinerary

DAY  
1

## *Arrival in Hochpustertal (Niederdorf/Toblach)*

Individual arrival to the Upper Puster valley, to your start hotel in the heart of the Dolomites (Niederdorf/Toblach).

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DAY  
2

## *Puster valley cycle path along the Rienz river: Niederdorf/Toblach – Bruneck*

approx. 25/60 km

Starting from the highest point in Niederdorf/Toblach the bike paths leads along river Rienz through the villages of the valley to Bruneck. Visit castle Bruneck with the Messner Mountain Museum and the Folklore museum in Dietenheim. Ambitious cyclists have the possibility to continue to the valley Tauferer Ahrntal next to the river Ahr, the castle of Taufer awaits you. Return transfer to the hotel in the afternoon.

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DAY  
3

## *Sextner valley: From the Sextner Dolomites to Niederdorf/Toblach*

approx. 20 - 40 km

After a transfer into valley Fischleintal, the starting point of today, you start your bike tour. Some well-known Dolomites peaks are greeting you during your tour through the Sextner valley. You cycle out of the valley to Innichen (famous roman dome!). After refreshment at the origin of river Drau you return to your hotel. Ambitious cyclists extend the tour – start from Kreuzbergpass, via Nemesalm and along Helm. For sporty cyclists, it is possible to climb a few more metres and return to the starting hotel via the Innichberg.

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DAY  
4

## *Drau cycle path: classic route “Toblach–Lienz”*

approx. 50-55 km

You leave Niederdorf/Toblach. First you reach Innichen, afterwards you cross the Italian-Austrian border in the near of Winnebach. Comfortable cycling to Lienz, which is located at the meeting of rivers Isel and Drau. Worth-seeing is the old city and castle Bruck. Return transfer to the hotel in the afternoon.

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DAY  
5

## *Dolomites railway bike path: Cortina d'Ampezzo - Niederdorf/Toblach*

approx. 30 - 35 km

Tomorrow a transfer will take you to Cortina d'Ampezzo. Going along a unique route, where former railway tunnels are lit up for cyclists, you will reach the high point in Gemärk/Cimabanche. From there, you will descend slightly to Lake Dürren and then continue going further along to the viewpoint of the Drei Zinnen, where you can enjoy looking at these fantastic, world famous mountains. You will cycle along the valley bottom until you get to Lake Toblach before returning to the hotel. If you are feeling ambitious you can cycle from Niederdorf/Toblach to Cortina d'Ampezzo and back (approx. 60-70km).

DAY  
6

## *Gsieser valley to Niederdorf/Toblach*

approx. 55 km

After breakfast transfer to your starting point in the Gsieser valley. This valley is coined through traditional farm houses, silence and tranquillity. In Welsberg you can visit the palace or you plan a stop in Niederdorf where you will find facilities for treatments according to Kneipp.

DAY  
7

## *Departure or extension*

# *Tour character*

An easy bike tour, also adequate for families. You cycle on valley bike paths without noteworthy climbs. Furthermore you can also rest for a day. For sporty guests there are more demanding variants.

# Prices and events

Place of arrival: Toblach/Niederdorf

Season 1	Season 2
27.05.2023 - 16.06.2023   11.09.2023 - 23.09.2023   daily	17.06.2023 - 10.09.2023   daily

Puster Valley - based in one hotel, 7 days, IT-DMRHO-07X		
Base price	89900	99900
Surcharge single room	19900	19900

Overnight stay in a comfortable 3\*\*\* oder 4\*\*\*\* hotel in Alta Pusteria region depending on availability.  
You can book extra nights in Alta Pusteria. Prices upon request!

# Our rental bikes

	Filter
21-gear unisex	9900
21-gear gents	9900
Rental Bike PLUS	13900
Electric bike	20900

Prices per person in EUR

# *Services and infos*

## Services

### Included:

- Accomodations as already mentioned
- Breakfast
- Half board: Min. three-course-dinner
- Welcome briefing (German, English, Italian)
- Best developed route
- Detailed travel documents 1x per room (German, English, Italian)
- Transfers as mentioned in the program
- GPS tracks available
- Service-Hotline

## Infos

### Arrival / Parking / Departure:

- Train station Niederdorf and Toblach
- Free public parking in Alta Pusteria.

### Things to note:

- Tourist tax, if due, is not included in the price!
- Depending on your arrival day the order of the excursions may change.
- Further important information according to the package travel law can be found [here!](#)

## Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



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**Book now**

