



★★★★★ (9)

St. Moritz - Innsbruck

THE BREATH-TAKING CYCLE PATH ON RIVER INN.

Unspoiled nature, and in such an impressive and diverse way you can hardly get enough of the mountain panoramas on this 7-day tour from [Switzerland](#) to [Austria](#). Soak up the peace and quiet of this unique area, it will be good for you!

Details about the St. Moritz – Innsbruck cycling tour

Do not leave the starting point of St. Moritz before you have done some 'people watching', because this is where the upper class meets for winter sports etc. On the way you will find there is an enormous number of picturesque villages that shape the Engadine and its culture. Zernez is the gateway to the Swiss National Park, where, with a bit of luck, you can spot deer, chamois and marmots.

On the 4th day of the tour you reach the Austrian border and continue the tour in [Tyrol](#). Past Stuben and Landeck, Imst awaits with numerous fountains, churches and chapels. After all this you can enjoy Innsbruck's hospitality, where Kasspressknödel (cheese dumplings), Tyrolean Gröstel and other delights are available for refreshment.

Highlights of the St. Moritz - Innsbruck cycling tour

- **The glamorous St. Moritz:** Aristocrats, entrepreneurs and stars – they all come to St. Moritz to work or strap on skis for winter sports fun. Walk in the footsteps of 'high society' and explore the elegant boutiques and chic restaurants.
- **Magnificent mountain panoramas in the Swiss Engadine:** It is one of the highest inhabited valleys in all of Europe. So it's no wonder that you can enjoy very special views in the high mountain landscape.
- **The artist village of Guarda** offers many artistically painted houses and is a real feast for the eyes. By the way, the type of decoration in this village is called sgraffiti, which is a special scratching technique. One of the most famous children's books in Switzerland has its origin here: A Bell for Ursli.

- **The Golden Roof in Innsbruck:** It is the symbol of the Tyrolean capital and is worth a visit. Also because of the adjoining lively old town centre, which invites you to take a stroll. Incidentally, the Golden Roof itself consists of 2,657 fire-gilded copper shingles.

Useful information about the 7-day St. Moritz - Innsbruck cycling tour

On the slightly hilly tour you must accept an ascent or two, but there are also some descents to take it easier. The network of paths is characterised by easily navigable gravel roads and forest paths. The Inn starts at its source quite contemplative, meanders wildly through [Switzerland](#) and gradually reaches full width.

- Here you can find all information and many more tour tips about our [cycle tours in Tyrol](#) and cycle tours on the [Inn Cycle Path](#).
- Read more about our [cycle tours in Engadin](#).

Medium



7 Days / 6 Nights



Self-guided Tour

To the online version



Itinerary

DAY
1

Arrival in St. Moritz

You can either come to St. Moritz directly or drive to Innsbruck and take the bus to St. Moritz.

Sample hotel: [San Gian](#)

DAY
2

St. Moritz – Zernez | approx. 35 km

Today you will cycle via Samedan (Old Tower), La Punt (San Andrea Early Gothic church with frescos) and Zuoz (window paintings in the church San Luzi) to Zernez. You will ride your bike through the valley of Upper Engadin. Zernez is the gateway to the national park (national park house).

Sample hotel: [Spöl](#)

DAY
3

Zernez – Scuol | approx. 35 km

First, you will cycle to Lavin, which still looks like an old mountain village. The place name of the pretty village Guarda ("Look!") derives from the splendid views, which can be enjoyed here. Today's destination is Scuol, with the adventure water park "Bogn Engiadina" and the castle Tarasp, which is the majestic symbol of Engadin.

Sample hotel: [Bellaval](#)

DAY
4

Scuol – Ried/Prutz | approx. 55 km

From Scuol you will cycle via Martina until you reach the boarder and from there you will continue via Pfunds and Tösens to Ried/Prutz. Following the river Inn, you will get to the famous gorge Finstermünster Schlucht. The town centres of Stuben and Pfunds in Tyrol are noteworthy.

Sample hotel: [Riederstubb](#)

DAY
5*Ried/Prutz – Imst* | approx. 40 km

On the sixth day you will ride your bike through the "Oberes Gericht" from Ried via Prutz down to Landeck (castle with museum, ruin Schrofenstein, Gerberbrücke, showplace of the Tyrolean fights for freedom). Then you will cycle past the monastery Zams and through the protected Mils Au (floodplain) to Imst (city of fountains, numerous churches and chapels). The gorge Rosengartenschlucht is worth a visit.

Sample hotel: [Hirschen](#)

DAY
6*Imst – Innsbruck* | approx. 65 km

Small villages are located on the Inn cycle path. The cultural highlight of today's route is the Cistercian monastery of Stams (collegiate church with rose grids). Numerous churches and ruins are located above the Inn valley. Cycling along the Martinswand (mountain face) you will get to Innsbruck with its well-kept old town (Golden Roof, City Tower, Imperial Palace, Hofgarten Park, Heblinghaus).

Sample hotel: [Rufis](#)

DAY
7*Departure or extension*

Tour character

You will cycle on many bike paths and on some forest and gravel roads which are in good condition. The route is slightly hilly and you will cycle up two to three moderate climbs and down many smooth descents.

Prices and events

Place of arrival: St. Moritz

	Season 1 05.05.2023 - 18.05.2023 15.09.2023 - 23.09.2023 Arrival Saturday	Season 2 19.05.2023 - 15.06.2023 01.09.2023 - 14.09.2023 Arrival Saturday	Season 3 16.06.2023 - 31.08.2023 Arrival Saturday
St. Moritz - Innsbruck, 7 days, CH-INRSI-07X			
Base price	1,079.00	1,129.00	1,179.00
Single room	279.00	279.00	279.00

Category: 3*** hotels, Innsbruck and St. Moritz 4**** hotels

Additional nights

Place of arrival: St. Moritz

	Season 1 May 5, 2023 - May 18, 2023 Sep 15, 2023 - Sep 23, 2023 Arrival Saturday	Season 2 May 19, 2023 - Jun 15, 2023 Sep 1, 2023 - Sep 14, 2023 Arrival Saturday	Season 3 Jun 16, 2023 - Aug 31, 2023 Arrival Saturday
St. Moritz			
Double room p.P.	125.00	125.00	125.00
Surcharge single room	89.00	89.00	89.00
Innsbruck			
Double room p.P.	79.00	79.00	79.00
Surcharge single room	35.00	35.00	35.00

Our rental bikes

Filter

21-gears unisex incl. rental bike insurance	99.00
21-gear gents incl. rental bike insurance	99.00
7-gears unisex incl. rental bike insurance	99.00
Rental bike PLUS incl. rental bike insurance	159.00
Electric bike incl. rental bike insurance	239.00

Prices per person in EUR

Services and infos

Services

Included:

- Accommodation as already mentioned
- Breakfast
- Luggage transfer
- EUROBIKE developed route
- Detailed travel documents 1x per room (German, English)
- App for Navigation and GPS-data available
- Service hotline

Optional extras:

- Bike rental, including rental bike insurance
- Return transfer by minibus from Innsbruck to St. Moritz every Friday morning, costs € 125 per person, € 29 extra for your own bike, to be paid in advance, reservation is necessary

Infos

Arrival / Parking / Departure:

- St. Moritz central train station
- Innsbruck or Munich airport
- Parking in St. Moritz: multi-storey car park approx. CHF 20 per day, public parking available approx. CHF 85 per week, to be paid at the time, no reservation necessary.
- Parking in Innsbruck: Public multi-storey car park approx. € 17 per day, to be paid at the time, no reservation necessary
- Return journey with public requires you to change trains/buses 2-4 times

Things to note:

- Tourist tax, if due, is not included in the price!
- Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



Stefanie Rudinger, Travel specialist

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Book now

